

Lancashire CCG Network

NHS East Lancashire CCG

Minutes of the Lancashire Medicines Management Group Meeting Held on Thursday 11th January 2018 at Preston Business Centre

PRESENT:

Dr Tony Naughton (TN)

Alastair Gibson (AG) Blackpool Teaching Hospitals NHS **Director of Pharmacy** Foundation Trust Christine Woffindin (CW) Medicines Information Manager East Lancashire Hospitals NHS Trust Sonia Ramdour (SR) **Chief Pharmacist** Lancashire Care NHS Foundation Trust Lancashire Teaching Hospitals NHS David Jones (DJ) Assistant Director of Pharmacy Foundation Trust Senior Operating Officer Primary Care, NHS Blackburn with Darwen CCG Julie Kenyon (JK) Community & Medicines Melanie Preston (MP) Assistant Director - Medicines NHS Blackpool CCG

Optimisation

Head of Medicines Commissioning

Chair of LMMG

Clare Moss (CM) Head of Medicines Optimisation NHS Greater Preston CCG, NHS Chorley

Graham Atkinson (GA)

Senior Manager – Medicines

and South Ribble CCG

NHS Morecambe Bay CCG

Optimisation

Nicola Baxter (NB) Head of Medicines Optimisation NHS West Lancashire CCG

Andrea Scott (AS) Medicines Management Pharmacist University Hospitals of Morecambe Bay

NHS Foundation Trust

Julie Lonsdale (JL) Head of Medicines Optimisation NHS Fylde and Wyre CCG

IN ATTENDANCE:

Dr Lisa Rogan (LR)

Brent Horrell (BH) Head of Medicines Commissioning NHS Midlands and Lancashire CSU David Prayle (DP) NHS Midlands and Lancashire CSU Senior Medicines Commissioning **Pharmacist** Paul Tyldesley (PT) Medicines Commissioning Pharmacist NHS Midlands and Lancashire CSU Adam Grainger (AGR) Senior Medicines Performance NHS Midlands and Lancashire CSU **Pharmacist** NHS Midlands and Lancashire CSU Jane Johnstone (Minutes) Medicines Management Administrator

| ITEM | SUMMARY OF DISCUSSION | ACTION |
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| 2018/001 | Welcome & apologies for absence | |
| | The Chair welcomed everyone to the meeting. Apologies for absence were received on behalf of Joanne McEntee. | |
| 2018/002 | Declaration of any other urgent business | |
| | None. | |
| 2018/003 | Declarations of interest pertinent to agenda | |
| | None. | |

| ITEM | SUMMARY OF DISCUSSION | ACTION |
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| 2018/004 | Minutes of the last meeting (14th December 2017) | |
| | The minutes of the meeting dated 14 th December 2017 were agreed as a true and accurate record subject to the amendments below. | |
| | Page 3 2017/198 Freestyle Libre The words '(over insulin pumps)' will be removed from the following sentence: The group considered the RMOC recommendation; concerns were raised regarding the lack of evidence that Freestyle Libre is beneficial to patients over insulin pumps, the level of patients monitoring required and the absence of an alarm to alert the user to potential hypoglycaemic episodes. | |
| | The words 'but requires patient's activation and is not equipped with a hypoglycaemia alarm' and the word 'this' will be removed from the following sentence: | |
| | It was highlighted that there have been discussions outside of LMMG at the Policy Group where the view is that Freestyle Libre is similar to other Continuous Glucose Monitoring (CGM) devices but requires patient activation and is not equipped with a hypoglycaemia alarm and this could be considered as part of the current policy development of Insulin Pumps and CGMS. | |
| | Page 4 2017/199 Metformin wording for website All reference to the word (Glucophage®) will be removed from the agenda item. | |
| 2018/005 | Matters arising (not on the agenda) | |
| | GA gave an update of the proposal which was considered at the Collaborative Commissioning Board (CCB) on the 9 th of January. The proposal is for LMMG to become a single decision-making group on behalf of the 8 Lancashire CCGs. It is proposed that part 1 will include provider/clinical/technical representation and part 2 will include commissioner representation; this will be a formal joint committee of CCGs with delegated decision-making responsibility on behalf of all CGGs. | |
| | GA informed the group that the CCB supported the part 1 proposal and they suggested that the part 2 meeting would not become a Joint Committee but a Commissioning Recommendation meeting; the recommendations would then go to the Joint Committee for ratification. | |
| | The next step is for a workshop to be arranged for representation | |

| ITEM | SUMMARY OF DISCUSSION | ACTION | | | |
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| | from Service Commissioners, Finance and Providers. | | | | |
| NEW MEDI | IEW MEDICINES REVIEWS | | | | |
| 2018/006 | Expressions of interest – new medicines 2018 | | | | |
| | DP presented the paper which included the drugs that are in development and expected to be marketed in the financial year 2018-19. | | | | |
| | DP asked the group to take the paper for discussion in their local medicines committees CCGs, in particular, to identify medicines where there may be some interest in prescribing in the next financial year, even when the cost pressures are unknown. | | | | |
| | Action LMMG representatives will take the expressions of interest paper to their local medicines committees and feedback to DP by the 1 st March 2018. In particular to identify medicines where there may be some interest in prescribing in the next financial year. | LMMG representatives | | | |
| 2018/007 | Low Value Medicines update | | | | |
| | BH presented the NHSE Guidance to CCGs paper for further consideration of the following medicines which had been considered at the December 17 LMMG meeting and required further discussion: | | | | |
| | Once Daily Tadalafil - Erectile Dysfunction - when supplied through Specialist Sexual Health Services MLCSU recommendation following New Medicine Assessment Review – Red Current LMMG RAG rating – Red | | | | |
| | Decision The group discussed the NHSE guidance document which had looked at evidence from NICE and PrescQIPP. The group felt that there was no new clinical evidence in the documents to reconsider; therefore, the LMMG decision of a Red RAG rating will remain. | | | | |
| | Lidociane Plasters - for use outside of the license of post-herpetic neuralgia for the treatment of localised neuropathic pain with predominance of allodynia and/or hyperalgesia and dysesthesias unresponsive to other neuropathic agents MLCSU recommendation following New Medicine Assessment Review – Black Current LMMG RAG rating – Red | | | | |

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| | Decision The group considered the SPS evidence review; the evidence review looked at the licensed indication for Post-Herpetic Neuralgia and did not look at off label use of Lidocaine Plasters. Since there was no new evidence for the cohort of patients included in the LMMG recommendation it was agreed that the LMMG RAG rating of Red would remain. | |
| | <u>Liothyronine (including Armour Thyroid and liothyronine combination products) – as an add on treatment for refractory hypothyroidism despite adequate monotherapy with levothyroxine MLCSU recommendation following New Medicine Assessment Review – Black Current LMMG RAG rating – Black with the additional wording below which was agreed at the December 17 LMMG.</u> | |
| | Decision The group discussed the wording below, which was drafted following the December 2017 LMMG; 'However, for individuals who, in exceptional circumstances, have an on-going need for liothyronine as confirmed by a consultant NHS endocrinologist, refer to your local CCG for local commissioning arrangements'. | |
| | The group decided that this wording will be removed in line with the NHSE guidance and a Black RAG rating will remain. | ВН |
| | Actions Liothyronine (including Armour Thyroid and liothyronine combination products) – as an add on treatment for refractory hypothyroidism despite adequate monotherapy with levothyroxine – the additional wording (as above) will be removed from the LMMG recommendation and the LMMG website updated. | Sii |
| 2018/008 | LMMG – New Medicines Reviews Work Plan update | |
| | DP discussed the paper; updating the group on the status of the work plan as follows: | |
| | Medicines for discussion at the February meeting Lioocaine plasters – this will be removed from the work plan in view of discussions under the Low Value Medicines update item. | |
| | Tadalafil once daily – Erectile Dysfunction when supplied through Specialist Sexual Health Services – this will be removed from the work plan in view of discussions under the Low Value Medicines update item. | |

| ITEM | SUMMARY OF DISCUSSION | ACTION |
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| | Medicines for discussion at the March meeting Fluticasone furoate + umeclidninum + vilanterol (Trelegy) inhaler – COPD – this is currently being reviewed. | |
| | New medicines reviews – on hold, awaiting licensing or launch details Immediate release fentanyl preparations – treatment of pain in palliative care patients – awaiting confirmation from Palliative Care as to whether a review should be prioritised and conducted. | |
| | DP informed the group that a request for Guanfacine for adults with ADHD has been received. SR confirmed that this will be discussed at the LCFT D&T meeting next week and SR will feedback following the meeting. In the meantime, Guanfacine will be added to the LMMG work plan as Grey colour classification. | SR/DP |
| | SR confirmed that once Cariprazine has been launched an application will be submitted to MLCSU. This will be added to the LMMG work plan as Grey colour classification. | DP |
| GUIDELINES | S and INFORMATION LEAFLETS | |
| 2018/009 | 18/009 Dementia guideline | |
| | AGR presented the Dementia guideline. | |
| | 4 of 8 CCGs and 3 of 5 provider trusts responded by the closing date. All 4 of the responding CCGS and 2 of the responding provider trusts agreed and 1 neither agreed nor disagreed with the document. | |
| | Decision Amendments made following consultation responses were discussed and approved by the group. | |
| | Action The Dementia guideline will be uploaded to the LMMG website. | AGR |
| 2018/010 | NRT position statement | |
| | AGR gave a update of the feedback received from Public Health regarding he NRT position statement. | |
| | Public Health raised a comment requesting a word change from patients 'ineligible' for NRT to be changed to 'contraindicated' | |
| | It was decided that the existing wording was adequate and no further changes are required. | |

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| | Action The NRT position statement will be added the LMMG website. | AGR | |
| 2018/011 | Oral Combination Products Position Statement | | |
| | AGR presented the Oral combination products position statement. | | |
| | Five of eight CCGs, two of 5 provider trusts responded by the closing date. All respondents supported the position statement except Fylde and Wyre CCG. | | |
| | Decision The group discussed and decided that the Oral Combination Products position statement will be removed from the LMMG website. The group felt that the decision was prudent due to the increasing number of exceptions in the position statement. | | |
| | Action The Oral combination products position statement will be removed from the LMMG website. | AGR | |
| | The products on the LMMG website that are linked to the Oral Combination Products position statement will be looked at and brought back to LMMG should a formal position be needed. | AGR | |
| 2018/012 | Radiographic (Ankylosing Spondylitis) and Non-radiographic Axial Spondyloarthritis Biologic pathway | | |
| | DP presented the Ankylosing spondylitis guideline which had been updated in light of the NICE TAs supporting the use of biologic agents licensed for the treatment of the condition. The name of the guideline has been updated to reflect the recommendations, as follows: Radiographic (Ankylosing Spondylitis) and Non-Radiographic Axial Spondyloarthritis Biologic pathway. The new name reflects the identification of agents that can be used for each condition; treatments for Non-Radiographic Axial Spondyloarthritis are a subset of those used for Radiographic (Ankylosing Spondylitis) Axial Spondyloarthritis. | | |
| | 3 of 8 CCGs and 1 of 5 provider trusts responded by the closing date. All 3 of the responding CCGs agreed with the document, the responding provider trust neither agreed nor disagreed. | | |
| | Decision The group approved the Radiographic (Ankylosing Spondylitis) and Non-Radiographic Axial Spondyloarthritis Biologic pathway in its current form. The group supported further development of the guideline with the Rheumatology Alliance. | DP | |
| | Action | | |

| ITEM | SUMMARY OF DISCUSSION | ACTION |
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| | The Radiographic (Ankylosing Spondylitis) and Non-Radiographic Axial Spondyloarthritis Biologic pathway will be uploaded to the LMMG website. | |
| 2018/013 | The Rheumatoid Arthritis Biologics (High Cost Drugs) pathway | |
| | DP presented the Rheumatoid Arthritis Biologics (High Cost Drugs) pathway. | |
| | 3 of 8 CCGs and 1 of 5 provider trusts responded by the closing date. All 3 of the responding CCGs agreed with the document, the responding provider trust neither agreed nor disagreed. | |
| | Decision The group approved the Rheumatoid Arthritis Biologics (High Cost Drugs) pathway.in its current form. The group supported further development of the pathway with the Rheumatology Alliance. | |
| | Action The Rheumatoid Arthritis Biologics (High Cost Drugs) pathway will be uploaded to the LMMG website. | DP |
| 2018/014 | Type II Diabetes guideline - insulin degludec | |
| | DP presented the Type II Diabetes guideline paper | |
| | Decision The group approved the addition of the word 'exceptionally' in the box headed 'Specialists may exceptionally consider initiating insulin degludec if:' | |
| | Action The Type II Diabetes guideline - insulin degludec will be uploaded to the LMMG website. | DP |
| 2018/015 | Continuous and Flash Glucose Monitoring policy | |
| | BH updated the group with the progress of the Continuous and Glucose Monitoring policy which is currently being developed. | |
| | BH gave an overview of the consideration given to each patient group and whether they meet the criteria of the NICE TA, for Insulin Pumps, NICE guidance for Continuous Glucose Monitoring or the RMOC recommendation of Flash Glucose Monitoring. It was acknowledged that there is a lack of robust evidence for Continuous Glucose Monitoring and Flash Glucose Monitoring. | |
| | The group discussed the arguments for and against third party monitoring for Flash Glucose Monitoring and supported the wording within the Draft Continuous and Flash Glucose | |

| AGR |
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| ITEM | SUMMARY OF DISCUSSION | ACTION |
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| | feeds guideline, then uploaded to the LMMG website. | |
| NATIONAL [| | |
| 2018/017 | New NICE Technology Appraisal Guidance for Medicines (December 2017) | |
| | AGR presented the NICE TA guidance paper. | |
| | TA494 Naltrexone – bupropion for managing overweight and obesity - this is a CCG commissioning responsibility and will be put on to the LMMG website as Black colour classification. | |
| | The following NICE technology appraisals are an NHSE commissioning responsibility and will be added to the LMMG website as Red colour classification. | |
| | TA492 Atezolizumab for untreated locally advanced or metastatic urothelial cancer when cisplatin is unsuitable. | All actions AGR |
| | TA493 Cladribine tablets for treating relapsing-remitting multiple sclerosis. | |
| | TA495 Palbociclib with an aromatase inhibitor for previously untreated, hormone receptor-positive HER2-negative, locally advanced or metastatic breast cancer. | |
| | TA496 Ribociclib with an aromatoase inhibitor for previously untreated hormone receptor-positive, HER2-negative, locally advanced or metastatic breast cancer. | |
| 2018/018 | New NHS England medicines commissioning policies (December 2017) | |
| | None published. | |
| 2018/019 | Evidence reviews published by SMC or AWMSG (December 2017) | |
| | DP discussed the SMC and AWMSG recommendations published during December 2017 and meeting LMMG criteria as follows: | |
| | SMC 1284/17 aviptadil/phentol amine mesilate (Invicorp®) SMC accepted1284/17 aviptadil/phentol amine mesilate (Invicorp®) for the symptomatic treatment of erectile dysfunction in adult males due to neurogenic, vasculogenic, psychogenic, or mixed aetiology – no further action is required, LMMG has a current position of Amber 0 RAG rating. | |

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| | 1293/17 bezlotoxumab (Zinplava®) SMC accepted 1293/17 bezlotoxumab (Zinplava®) for the prevention of recurrence of Clostridium difficilie infection (CDI) in adults at high risk for recurrence of CDI – no further action is required. | |
| | 1283/17 brodalumab (Kyntheum®) SMC accepted 1283/17 brodalumab (Kyntheum®) for the treatment of moderate to severe plaque psoriasis in adult patients who are candidates for systemic therapy – no further action is required, await the receipt of a new medicines application or NICE guidance. | |
| | 411/07 tiotropium (Spiriva Respimat®) SMC accepted 411/07 tiotropium (Spiriva Respimat®) as a maintenance bronchodilator treatment to relieve symptoms of patients with chronic obstructive pulmonary disease - no further action is required, LMMG has a current position of Amber 0 RAG rating. | |
| | The remaining SMC and AWMSG recommendations for December 2017 did not meet LMMG criteria, therefore, the group agreed that no further action was necessary. | |
| ITEMS FOR | INFORMATION | |
| 2018/020 | Minutes of the Lancashire Care FT Drug and Therapeutic Committee Tuesday 12 th December 2017 | |
| | The group noted the minutes. | |
| | Guidelines for BPSD – LCFT has approved the BPSD guidelines, this will be brought to the February LMMG meeting for discussion. | |

Date and time of the next meeting 8^{th} February 2018, 9.30 am to 11.30 am, Meeting Room 253, Preston Business Centre

ACTION SHEET FROM THE LANCASHIRE MEDICINES MANAGEMENT GROUP 11th January 2018

| MINUTE NUMBER | DESCRIPTION | ACTION | DATE | STATUS AT 11 th January 2018 |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------------|-----------------------------------------------------|
| ACTION SHEET | FROM THE 13th SEPTEMBER 2017 MEET | ΓING | | |
| 2017/143 | Melatonin update and draft recommendation | | | |
| | Update: SR confirmed that Melatonin will be discussed in LCFT at the January D&T meeting. Melatonin will be discussed at the February LMMG meeting. Update: Melatonin guidelines is scheduled to go to D&T in January, this will be discussed at the February LMMG. | SR/BH | 01.02.2018 | Open |
| 2017/145 | Prevention of stroke and systemic embolism in non-valvular atrial fibrillation guideline | | | |
| | Update: MLCSU has liaised with the Stroke Prevention Group; a paper has been drafted highlighting the financial risks involved. This paper will be presented at the CCB next week. BH will circulate the paper to the CCG MM Commissioning Leads. Update: a paper went to CCB highlighting the cost pressures. The | | | |
| | CCB agreed to a working group with a project plan. CCB are now looking at delegated budgets for stroke and stroke prevention for service areas therefore the working group is currently on hold until the CCB has confirmed the way forward. Update: BH has not had feedback yet and will follow this up with Amanda | вн | 01.02.2018 | Open |
| | Doyle. | | | |
| 2017/181 | FROM THE 9 th NOVEMBER 2017 MEETIN DMARD shared care guideline | NG | | |
| 2017/101 | appendix | | | |
| | Update: It was recognised that there is | | | |

| | variation across local areas with the implementation of the DMARD shared care guidelines. JL will forward a link to the Fylde & Wyre CCG guideline for MLCSU to update the LMMG website with local positions. Update: a link to Fylde & Wyre and Blackpool CCG websites has been inserted on the LMMG website. | JL | 04.01.2018 | Closed |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------|----------------|
| 2017/183 | Action: AGR will make amendments to the NRT position statement and engage with Public Health prior to the positions statement being put on to the LMMG website. Update: a response is awaited from PH. Discussed further under an agenda item. | AGR | 04.01.2018 | Closed |
| ACTION SHEET 2017/200 | FROM THE14th DECEMBER 2017 MEETI Medicines of Low Clinical Value Immediate release Fentanyl for Palliative Care treatment MLCSU will engage with Palliative Care Consultants to determine when immediate release Fentanyl is used for Palliative Care patients. Update: MLCSU are in the process of engaging with Susan Salt. Lidocaine plasters MLCSU will review the evidence for use of Lidocaine Plasters outside of the license in line with the NHSE national consultation and send out to consultation with a recommendation of a Black RAG rating. | AGR DP | 01.02.2018 | Open Closed |
| | Update: discussed under an agenda item. Liothyronine A statement will be added to state that LMMG are in support of the NHSE national guidance. It was recognised that there may be a small cohort of patients; the LMMG website will be updated to state 'refer to local commissioning arrangements for exceptional patients.' Update: discussed under an agenda item. | DP | 04.01.2018 | Closed |

| | Once Daily Tadalafil MLCSU will look at the evidence in the consultation and based on the findings will decide whether a paper should come to LMMG or a position statement should be developed. Update: discussed under an agenda item. | DP | 04.01.2018 | Closed |
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| 2017/202 | Psoriatic Arthritis Pathway DP will take the amended pathway to the RA consultants for approval of the amendment and upload to the LMMG website. Update: discussed under an agenda item. | DP | 04.01.2018 | Closed |
| 2017/204 | Erectile Dysfunction guidance (update) This will be brought back to LMMG for approval if amendments are required or put on to the LMMG website if there are no changes. Update: discussed under an agenda item. | AGR | 04.01.2018 | Closed |
| 2017/207 | Type II Diabetes guideline MLCSU will draft wording around the prescribing of insulin degludec and bring to January LMMG. Update: discussed under an agenda item. | PT | 04.01.2018 | Closed |
| 2017/211 | Evidence reviews published by SMC or AWMSG (November 2017) 1279/17 midazolam (Epistatus®) Action: MLCSU will look at the costs and compare with what is currently being used; if there is a significant cost saving midazolam (Epistatus®) will be prioritised for a review Update: DP has looked at costs of buccolam (10mg in 2mg dosage). which is being used; midazolam (Epistatus®) is double the price of buccolam. A paper will be put together showing the costs of midazolam (Epistatus®) and brought to LMMG. This will be added to | DP | 01.02.2018 | Open |

| | the work plan. | | | | |
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| ACTION SHEET FROM THE 11th JANUARY 2018 MEETING | | | | | |
| 2018/006a/006b | Expressions of interest – new medicines 2018 | | | | |
| | Action LMMG representatives will take the expressions of interest paper to their local medicines committees and feedback to DP by the 1 st March 2018; in particular to discuss the medicines where the cost pressures are unknown. | All LMMG representatives | 01.03.2018 | Open | |
| 2018/008 | LMMG – New Medicines Reviews Work Plan update | | | | |
| | Request for Guanfacine for adults with ADHD Action: SR will feedback following the LCFT D&T meeting. | SR | 01.02.2018 | Open | |
| 2018/011 | Oral Combination Products Position Statement | | | | |
| | Action: the products on the LMMG website that are linked to the Oral Combination Products position statement will be looked at and brought back to LMMG should a formal position be needed. | AGR | 01.02.2018 | Open | |
| 2018/015 | Continuous and Flash Glucose Monitoring policy | | | | |
| | Action: MLCSU will notify LMMG members when the policy has been circulated. | ВН | 01.02.2018 | Open | |