

Lancashire and South Cumbria ICB recommended meters, strips and devices February 2026

Version 1.1

VERSION CONTROL		
Version	Date	Amendments made
1.0	Dec 2023	New guideline. DP
1.1	Feb 2026	Gestational diabetes section added

Summary of Lancashire and South Cumbria ICB recommended meters, strips and devices February 2026

Primary Care recommendations

Category	Patient Cohort	Meter	Recommendations	Strip details
1a	Type 1 diabetes or ketosis prone Type 2 diabetes	Meters and strips which are suitable for the majority of people that also require a ketone testing meter.	1st Line A. Menarini Diagnostics - Glucifix Tech GK	Glucifix Tech Sensors Test Strips 5.95 Pack/50 Glucifix Tech B-Ketone Sensors Test Strips £9.95 Pack/10
			2nd Line Glucifix - Glucifix HCT Spirit Health - CareSens Dual	Glucifix HCT Glucose Test Strips £8.95 Pack/50 Glucifix HCT Ketone Test Strips £9.95 Pack/10 CareSens PRO Test Strips £9.95 Pack/50 KetoSens Test Strips £9.95 Pack/10
2	Type 2 diabetes	Meters and strips which are suitable for the majority of people with Type 2 diabetes.	Glucifix - Glucifix Q A. Menarini Diagnostics - Glucifix Tech GK Neon Diagnostics - Finetest Lite Spirit Health - CareSens S Fit Ascensia - Contour Plus Blue	Glucifix Q Test Strips £5.45 Pack/50 Glucifix Tech Sensors Test Strips 5.95 Pack/50 Finetest Lite Test Strips £5.15 Pack/50 CareSens S Test Strips £5.45 Pack/50 Contour Plus Test Strips £5.95 Pack/50
3	Type 2 Diabetes Additional functionality (Gestational Diabetes)	Meters and strips which are suitable for people with Type 2 diabetes that require additional functionality e.g. in gestational diabetes	Ascensia - Contour Plus Blue Glucifix - Glucifix Smart AgaMatrix - ALLYbgk	Contour Plus Test Strips £5.95 Pack/50 Glucifix Smart Glucose Test Strips £5.45 Pack/50 ALLYbg Test Strips £5.43 Pack/50
4	Type 1 and 2 diabetes	Lancets which are suitable for the majority of people, and which are suitable for people that require additional functionality.	All lancets / lancet devices provided with the recommended meters / testing strips	A. Menarini Diagnostics Glucoject Plus 0.22mm/33G £3.77 100 Ascensia Microlet 0.5mm/28G £2.99 100 Glucifix Glucifix 0.31mm/30G £4.50 200 Neon Diagnostics Greenlan 0.35mm/28G £3.00 100 Spirit Health CareSens 0.36mm/28G & 0.31mm/30G £2.95 100
			Safety Needles	Glucifix Glucifix Safety 23G, 26G, 28G, & 30G £5.50 100 Neon Diagnostics Neon Verifine safety 28G x 1.8mm & 30G x 1.8mm £2.99 100

The meters have been selected based on the national recommendations along with existing preferences for placed-based teams. This will help: avoid unnecessary switches, reduce workload and maintain local supplies while at the same time ensuring cost effective choices.

Refer to NHSE Commissioning recommendations for blood glucose and ketone meters, testing strips and lancets (April 2023, updated October 2025) additional options for specialist use e.g. in Paediatrics, Gestational diabetes and specific additional functionality.

<https://www.england.nhs.uk/publication/commissioning-recommendations-blood-glucose-and-ketone-meters-testing-strips-and-lancets>